



Laws of the Game for U-10

VSL Division 2 and 3 only

Law 1 - The Field

- A. Dimensions: The field of play shall be rectangular: Length 60 Yards
Width: 40 Yards
- B. Markings:
 - 1. Distinctive lines not more than (5) inches wide.
 - 2. A halfway line shall be marked out across the field.
 - 3. Other Markings:
 - a. A center circle with a eight (8) yard radius.
 - b. Four corner arcs each with a two (2) foot radius.
 - c. Goal area: Six (6) yards from each goal post and six (6) yards into the field of play joined by a line drawn parallel with the goal line.
 - d. Penalty area: Fourteen (14) yds from each goal post and fourteen (14) yds into the field of play joined by a line drawn parallel with the goal line.
- C. Goals: 6 x 12 feet.

Law 2 - The Ball

Size Four (4)

Law 3 - Number of Players

- A. Maximum number of players on the field at any one time is seven including the keeper
- B. Maximum number of players on the roster should not exceed fifteen
- C. *Substitutions*: own throw-in, opponents throw-in, half time, goal kick, injury

Law 4 - Players Equipment

Conform to FIFA with the following exceptions:

- A. Footwear: tennis shoes or soft-cleated soccer shoes

- B. Shin guards are mandatory.

Law 5 - The Referee

A registered referee/new referee program, or parent/coach or assistant.
All rule infractions shall be briefly explained to the offending player.

Law 6 - Assistant Referee

Not used in the small-sided game.

Law 7 - Duration of the Game

- A. The game shall be divided into two (2) equal, twenty-five (25) minute halves.
- B. There shall be five (5) minute break between halves.

Law 8 - The Start of Play

Conform to FIFA, with the following exception:

- A. Opponent must be eight (8) yards from the center mark while kick-off is in progress.

Law 9 - Ball In and Out of Play Conform to FIFA.

Law 10 - Method of Scoring Conform to FIFA.

Law 11 - Off-Side Conform to FIFA.

Law 12 - Fouls and Misconduct

Conform to FIFA with the following exception:

- A. All fouls shall result in an indirect free kick with opponent eight (8) yards away.
- B. The referee/coach/parent must explain ALL infractions to offending player.

Law 13 - Free Kicks

Conform to FIFA with the following exception:

- A. All free kicks will be indirect.
- B. Opponents must be eight (8) yards away.

Law 14 - Penalty Kicks

There are no Penalty Kicks in small-sided games.

Law 15 - Throw-In

Conform to FIFA. Awarded when ball completely crosses sideline.

- A. If Throw in is used, a second throw in must be allowed if a foul is committed on 1st attempt for the 1st two weeks of the season only

Law 16 - Goal Kick

Conform to FIFA with the following exception:

- A. Goal kick may be taken any where within the goal area.
- B. Opponents must be eight (8) yards away from the ball.

Law 17 - Corner Kick

Conform to FIFA with the following exception:

- A. Opponents must be eight (8) yards away from the ball.
- B. Corner Kicks are Indirect Free Kicks.